\* Please inform your server if you are Celiac. Some items are done in our deep fryer which is not a gluten free fryer.

If you prefer to have them baked please instruct your server. This will require extra time for cooking.

# GLUTEN WISE SUGGESTIONS

# **Barley Station Wings**

Lightly breaded with rice flour so still gluten free! Franks hot sauce, Tongue Ripper Hot, Shuswap Rub, Salt & Pepper or Naked. 18

#### Mediterranean Flatbread

Our Gluten Wise cauliflower crust with pesto, roasted tomatoes, kalamata olives, spinach, red onion with Parmesan cheese. 23

#### Santa Fe Chicken Salad

Organic mixed greens, feta cheese, corn, black beans, guacamole, tomatoes, and herb marinated 100% natural chicken. Served with Haskap dressing on the side. 21

## Glory Bowl

Arugula & mixed greens, Quinoa, carrots, beets, apples, cashews, pumpkin seeds, feta cheese & Haskap dressing 20

#### Moroccan Lamb Burger

Spiced with the flavors of the Mediterranean, feta cheese, olives, tomato, peppadews, red onions, shredded lettuce & tzatziki on a gluten wise bun. 23

## 6 oz Certified Angus Beef Sirloin Steak Sandwich

Charbroiled, served on garlic gluten wise bun, side of garlic mushrooms and crispy arugula. 27 Add garlic prawns  $\sim$  \$7

## French Onion Burger

Beef patty served with French onion jam, swiss cheese, charred onion aioli and served on a gluten wise bun. 22 Add mushrooms  $\sim $1.50$ 

#### Halibut Burger

Poached in white wine and lemons, served with lettuce, tomato, pickled red onions and lime aioli on a gluten wise bun. 25

## Malaysian Red Curry Entrée

House made red curry sauce on a bed of rice and broccoli garnished with red pickled onions. Served with gluten wise bun.

Chicken ~ 28

Prawns ~ 31

Vegetarian ~ 28

Please remember that we are a commercial kitchen. Cross contamination may occur

## Malaysian Curry Prawns Appetizer

Sautéed prawns tossed in our house made Malaysian Red Curry sauce and garnished with pickled onions. Served with a gluten free bun for dipping.

#### Spinach & Artichoke Dip

Artichoke hearts, spinach, parmesan cheese, red onions, sour cream, mayo & green chili peppers, tomatoes, green onions. Served with cauliflower crust for dipping. 21

#### Wild Salmon Salad

Spinach, cucumber, strawberries, red onion, feta cheese, candied pecans & house filleted wild salmon dusted with Cajun spice. Served with a creamy chive dressing. 24

#### Station House Salad

Mixed greens, roasted pumpkin seeds, cucumbers, carrots, tomatoes & feta with Haskap vinaigrette. 18

#### Chicken Guacamole Sandwich

Grilled chicken marinated with herbs and topped with white cheddar cheese, guacamole, tomato, lettuce and bacon. Served on a gluten wise bun. 24

# Bacon & Cheddar Beef Burger

Beef patty, lettuce, tomatoes, onions and garlic mayo.

Served on a gluten wise bun

22

## Bison Haskap Burger

Haskap BBQ sauce from locally grown Haskap Berries, red pickled onions, bacon, garlic mayo, arugula, tomatoes and white cheddar on a gluten wise bun. 27

#### Salmon Burger

Cajun Salmon, house made tzatziki, lettuce, tomato and red onion on a gluten wise bun. 24

Gluten Wise Dressings
Haskap Vinaigrette, Creamy Chive, Ranch, Blue Cheese

Please inform your server of any allergies prior to ordering. Tax extra.